



Bowes Pre-School & Holiday Club

6.4 Nappy Changing Policy

Safeguarding and Welfare requirements: Health

Bowes Pre-school and Holiday Club must ensure there are suitable hygienic facilities for changing any children who are in nappies.

At Bowes Pre-school and Holiday Club no child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We will work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities in the bathroom area and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgmental concern of adults.

Procedures

- Staff who do not yet have an up to date DBS check or staff that are still in their probationary period are unable to change nappies.
- Key persons are aware of changing times for the children in their care who are in nappies.
- Children from around about two years will normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and their parents agree.
- Key persons undertake changing children in their key groups; back up key persons change them if the key worker is absent.
- The changing area is a warm and safe area to lay children.
- Each child has their own bag to hand, with their nappies, pull ups and wipes. Cream can only be applied if it has been provided by the parents and we have their written consent to do so.
- Gloves and aprons are put on by the staff member before changing starts and the area is prepared. Clean gloves and apron must be worn for each child, to prevent cross infection.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies. They will wash their hands thoroughly with liquid soap after each nappy change.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- Children are encouraged to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and soap.
- Anti-bacterial hand wash liquid or soap should not be used for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Key persons are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'
- Key persons do not make inappropriate comments about children's genitals when changing their nappies.

- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and pull ups are disposed of hygienically. They are tied up in a nappy bag and disposed of in the outside bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are emptied down the toilet and bagged for the parents to take home.
- We have 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.
- The key person will clean the changing mat after every use, and spray with anti-bacterial cleaner. The box with aprons, gloves and nappy bags will be returned to the high shelf out of reach of the children.

This policy is fully supported by the Manager, Staff, Committee and parents/carers of Bowes Pre-School.

Signed:- (Chairperson)

Print Name: Date:

Signed:- (Manager)

Print Name: Date:

Review date: